

Äquivalenzdosistabelle Benzodiazepine

Präparatename (Original)	Substanz	Äquivalenzdosis (mg)	Halbwertszeit (h)
Dalmadorm [®]	Flurazepam	30	47 - 100
Demetrin [®]	Prazepam	20	120 (inkl. Metabolit)
Dormicum [®]	Midazolam	7.5	1 – 12
Halcion [®]	Triazolam	0.5	1.7 – 5.5
In Librax [®] , Limbitrol [®]	Chlordiazpoxid	20	5 – 30
Lexotanil [®]	Bromazepam	6	8 – 20
Mogadon [®]	Nitrazepam	5	24 – 29
Normison [®]	Temazepam	20	10 – 20
Notamid [®]	Lormetazepam	1	11 – 16
Rivotril [®]	Clonazepam	2	20 – 80
Rohypnol [®]	Flunitrazepam	0.5	20 – 30
Seresta [®]	Oxazepam	40	4 – 20
Solatran [®]	Ketazolam	30	50 und mehr
Temesta [®]	Lorazepam	1	10 – 20
Tranxilium [®]	Dikaliumclorazepat	20	5 – 30
Urbanyl [®]	Clobazam	20	11 – 77
Valium [®]	Diazepam	10	20 – 80
Xanax [®]	Alprazolam	1	9 – 20
Sonata [®]	Zaleplon	5	1
Stilnox [®]	Zolpidem	10	2 - 6
Imovan [®]	Zoplicon	7.5	3.5 – 6.5

Gelistete Präparate

Stand 6/10

Lit.:

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- Klotz U., Laux G., Tranquillantien. Therapeutischer Einsatz und Pharmakologie. WVG, Stuttgart, 1996
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- Nelson J, Chouinard G., Guidelines for the clinical use of benzodiazepines: pharmacokinetics, dependency, rebound and withdrawal. Canadian Society for Clinical Pharmacology. Can J Clin Pharmacol. 1999; 6: 69-83
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